

BILINGUAL PROGRAM

FOR CHILDREN

The Colours

PARENT GUIDE



STEFFANIA RESTREPO

How to Make the Most of These Free Resources

Welcome! This guide will show you how to make the most of the **free educational resources** available on my website to create meaningful learning experiences at home.

You'll find a simple step-by-step plan that follows the same teaching approach used throughout the **Complete Bilingual Colors Program**. As you continue reading, you'll also discover the program's methodology and how each resource supports your child's language learning journey.

I hope these resources inspire many moments of learning, play, and connection with your family.

Start here!

Choose your language and access the free educational resources:

- **Spanish Colors Video & Interactive Games:**

<https://www.stefytuprofe.com/colorsinspanish>

- **English Colors Video & Interactive Games:**

<https://www.stefytuprofe.com/colorsinenglish>

How to Use the Free Resources

1. Educational Video

Start with the educational video to introduce the colors naturally through repetition and visual support.

This activity belongs to the **Vocabulary Acquisition** stage, where children begin to understand and recognize new words.

2. Memory Game & Color Quiz

After watching the video, continue with the Memory Game and the Color Quiz.

These activities belong to the **Recognition & Identification** stage and help children reinforce the vocabulary they have just learned through play and repetition.

3. "What's Behind?" Game

Finish with the "What's Behind?" game.

This **speaking activity** encourages children to use the vocabulary they have learned by answering simple questions and describing what they see.

It helps develop confidence while introducing meaningful language practice.

 **Thank you for downloading this free sample!**

I hope these resources inspire many meaningful moments of learning, play, and connection with your child.

Happy teaching!



Steffania Restrepo

*M.A. in Teaching Spanish as
a Foreign Language*

Barcelona University

Spanish and English Teacher

How to Make the Most of the Educational Videos



The videos feature real-life objects and images to help children connect new vocabulary with the world around them.

As each color is introduced, I encourage you to repeat the color name with enthusiasm, invite your child to say it with you, and encourage them to carefully observe the objects shown on the screen.

At the end of each color example, you'll hear a question like:

- **“¿Puedes encontrar algo rojo a tu alrededor?”**
- **“Can you find something red around you?”**

This is your child's opportunity to point to or touch an object of that color somewhere in the room. The video includes a few seconds of waiting time so your child can look around, think, and respond.

If possible, place a few objects in the target colors around the room before you begin the activity. This simple preparation will make the video more interactive, engaging, and meaningful.

The goal is for the video to be much more than a passive viewing experience. It is an opportunity for your child to begin:

- Identifying colors.
- Recognizing new vocabulary.
- Connecting words with real-life objects.
- Participating actively.
- Building confidence when using the language.

If you are working with children between 3 and 5 years old, I recommend introducing three or four colors per session.

For older children who have already learned this vocabulary or are already attending school, you can divide the video into two sessions, introducing about five colors in each one.

Feel free to adjust the number of colors based on your child's age, attention span, and ability to retain new vocabulary.

Remember, there is no perfect number of words to teach in each session. What matters most is giving your child gradual, positive, and consistent exposure to new vocabulary in a natural and enjoyable way.

Interactive Online Games

Learn English & Spanish with fun videos and games.



The interactive games included in this program are available on my website.

I recommend sitting with your child the first few times they use these resources. Although the games have been designed to encourage independent learning, interacting with an adult helps reinforce vocabulary, extend conversations, and create additional opportunities for meaningful language learning.

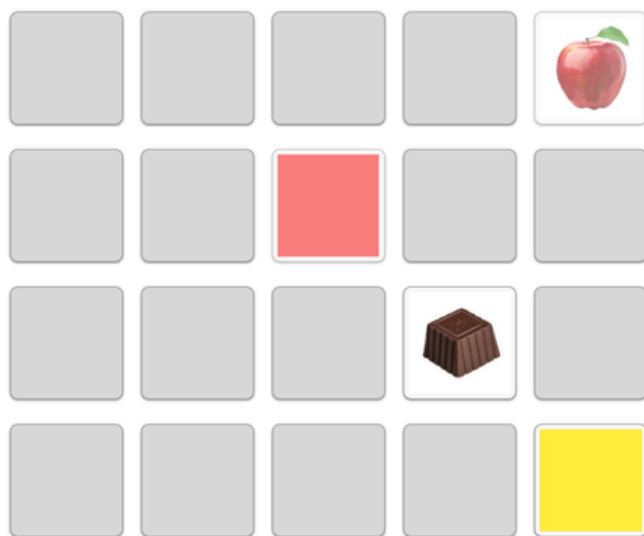
Note:

The interactive games included in this program cover all ten colors introduced in this unit. For this reason, I recommend using them after your child has had the opportunity to learn and practice all of the colors through the educational videos, color posters, Montessori Cards, and the other introductory and recognition activities.

These games have been designed as review and reinforcement tools. Their goal is to help reinforce the vocabulary your child has learned, strengthen color recognition in a variety of contexts, and build confidence as they actively use their new vocabulary through play.

Don't worry if your child needs support the first few times they use these games. Keep the color posters nearby, read the questions aloud whenever necessary, and guide them through the activities. Over time, you'll notice your child becoming more and more independent as they begin to recognize colors, objects, and even written words.

• **Memory Game / Juego de memoria**



In this digital version of the memory game, your child will match each color with an object of the same color.

Before selecting an answer, I recommend using simple questions to reinforce the vocabulary.

For example:

If you are teaching the vocabulary in Spanish:

- "¿Qué color es?"
- "¿Qué es?"
- "¿Crees que hacen pareja?"

If you are teaching the vocabulary in English:

- "What color is it?"
- "What is it?"
- "Do you think they match?"

Once your child finds the correct match, take the opportunity to reinforce the vocabulary by using complete sentences.

For example:

If you are teaching the vocabulary in Spanish:

- "¡Muy bien! La rosa es rosada."
- "El queso es amarillo."
- "La hoja es verde."
- "El tomate es rojo."

If you are teaching the vocabulary in English:

- "Great! The rose is pink."
- "The cheese is yellow."
- "The leaf is green."
- "The tomato is red."

The goal of this activity is not only to find the correct matches, but also to help your child connect colors with familiar objects and use their new vocabulary in meaningful contexts. As your child becomes more confident, encourage them to answer using complete sentences on their own.

• Colors Quiz / El Quiz de los Colores



Note:

This activity requires the support of an adult when working with children who are still learning to read. I recommend reading each question and the answer choices aloud so your child can focus on identifying the colors and understanding the vocabulary.

Over time, you'll be amazed at how quickly children learn. Through repetition and frequent exposure, many begin to recognize entire questions and identify the written form of words that appear again and again throughout the game.

For example:

If you are teaching the vocabulary in Spanish:

- "¿Cuál es de color azul?"
- "¿El limón, el pájaro o el tomate?"

If you are teaching the vocabulary in English:

- "Which one is blue?"
- "The lemon, the bird, or the tomato?"

This game not only helps reinforce color vocabulary, but also expands your child's vocabulary through familiar objects that appear in the educational videos, color posters, and other activities throughout the program.

Each question includes a 10-second countdown. This gives you enough time to read the question and the answer choices aloud before your child makes a decision.

If time runs out, don't worry. The game will pause, allowing your child to click on the answer they think is correct. Once an answer has been selected, the game will show whether it is correct or incorrect.

As your child becomes more confident, you can encourage them to read some of the words, answer choices, or questions on their own. Through repetition and frequent exposure, many children naturally begin to recognize written vocabulary and sentence patterns while playing games like this.

You can also keep the color posters nearby so your child can use them as a visual reference whenever needed.

Remember that the second part of the educational video includes demonstrations of the games featured in this program. I recommend watching that section to become familiar with the questions and game formats before playing them with your child.

Try to keep the activity fun and encouraging. The goal is not only to find the correct answer, but also to enjoy the learning process. Ask questions, celebrate your child's successes, and encourage them to participate actively as they discover new words and colors.

- **What's Behind? / ¿Qué hay detrás?**



Before You Begin

Before starting the activity, I recommend briefly reviewing the colors and objects your child has worked with previously.

You can use the **visual presentation**, watch the first part of the **educational video** again, or complete the **sorting activity** included in this guide.

The goal is to help your child recall the vocabulary before using it in the game and build their confidence before participating.

How to Play

Explain to your child that they are going to play a game called ¿Qué hay detrás? / What's behind?

In each round, an image will be covered by several squares. Your child will move the mouse over the squares to reveal clues and try to guess which object is hidden behind them.

They will have eight seconds before the picture is completely revealed.

For many children, playing against the clock makes the activity especially exciting and motivating.

Encourage your child to look carefully at the clues, make predictions, and share their ideas.

Show curiosity and participate actively in the game.

For example:

If you are teaching the vocabulary in Spanish:

- "¿Qué crees que hay detrás?"
- "¿Qué puedes ver?"
- "¿De qué color es?"

If you are teaching the vocabulary in English:

- "What do you think is hiding behind it?"
- "What can you see?"
- "What color is it?"

Once the image is fully revealed, help your child produce a complete sentence before moving on to the next object.

For example:

If you are teaching the vocabulary in Spanish:

- "Es un tomate rojo."
- "Es una banana amarilla."
- "Es una hoja verde."

If you are teaching the vocabulary in English:

- "It's a red tomato."
- "It's a yellow banana."
- "It's a green leaf."

If your child responds with only the name of the object or only the color, consider that response a first step and help them expand their oral production.

Repeating complete sentences helps children build confidence and supports the natural acquisition of language structures.

This activity is especially appealing to children who enjoy using tablets or computers.

Electronic devices do not have to be the enemy of learning. When used with guidance, a clear learning purpose, and opportunities for interaction, they can become valuable tools for language development.

The goal of this activity is not for your child to passively watch a screen, but to participate, make predictions, communicate, and use the vocabulary they have learned.



What Will You Find in This Program?

This program has been carefully designed to guide you step by step as you teach color vocabulary in either Spanish or English.

Rather than a collection of unrelated activities or worksheets, every resource in this program has a clear educational purpose and is part of a carefully planned learning sequence that helps children develop language skills in a natural and meaningful way.

Throughout the program, you'll find hands-on activities, games, videos, reading materials, and parent guides that will help you support your child's learning with confidence—even if the language you're teaching is also new to you.

The program is organized into two main learning stages that reflect the natural way children acquire and use a new language.

The first stage focuses on building vocabulary, while the second develops the language skills children need to communicate with confidence.

This progression allows learning to happen naturally and meaningfully, respecting each child's pace of development while building a strong foundation for communication in both English and Spanish.

A Note About the Spanish Used in This Program

As a Colombian Spanish teacher, I teach from my own variety of Spanish. That is why you will find words commonly used in Colombia throughout this program, such as **rosado** and **morado**. In other Spanish-speaking regions, you may hear or see other words, such as **rosa** or **lila**.

These differences are part of the richness of the Spanish language. **No variety of Spanish is better or more correct than another**; they simply reflect the different cultures and communities where Spanish is spoken.

Part One: Vocabulary Acquisition

The first part of the program focuses on vocabulary acquisition and comprehension.

During this stage, children have multiple opportunities to listen, observe, recognize, and identify the colors and objects presented throughout the program.

This section is divided into three stages:

1. Introducing the Vocabulary

Your child will be introduced to the colors through posters, educational videos, and visual materials designed to present the vocabulary in a clear and engaging way.

2. Recognizing and Identifying

Once the vocabulary has been introduced, you will find activities that help your child recognize and distinguish colors and objects through games, vocabulary cards, sorting activities, and movement-based learning.

3. Early Reading, Writing, and Vocabulary Reinforcement

This section includes activities that help children connect the words they have learned with their written form while continuing to reinforce the vocabulary introduced throughout the program.

You will find activities that encourage children to follow coloring instructions, search for objects, unscramble letters, identify words, and write simple sentences adapted to different developmental levels.

Part Two: Developing Language Skills

Once children feel comfortable with the vocabulary, the program encourages them to use it to communicate.

For this reason, the second part of the program focuses on developing the four main language skills:

Listening

Listening activities designed to help children identify words, colors, and simple sentences in meaningful contexts.

Reading

Our first reader, accompanied by a pronunciation support video and reading comprehension activities, provides children with the opportunity to connect words, pictures, and meaning while building confidence as beginning readers.

Speaking

Games and activities that encourage children to describe objects, answer questions, and create complete sentences using the vocabulary they have learned.

Writing

Throughout the program, you will find opportunities for children who already recognize letters or are beginning to read and write to naturally and meaningfully record words and simple sentences in writing.

Visual Grammar for Children Learning Spanish

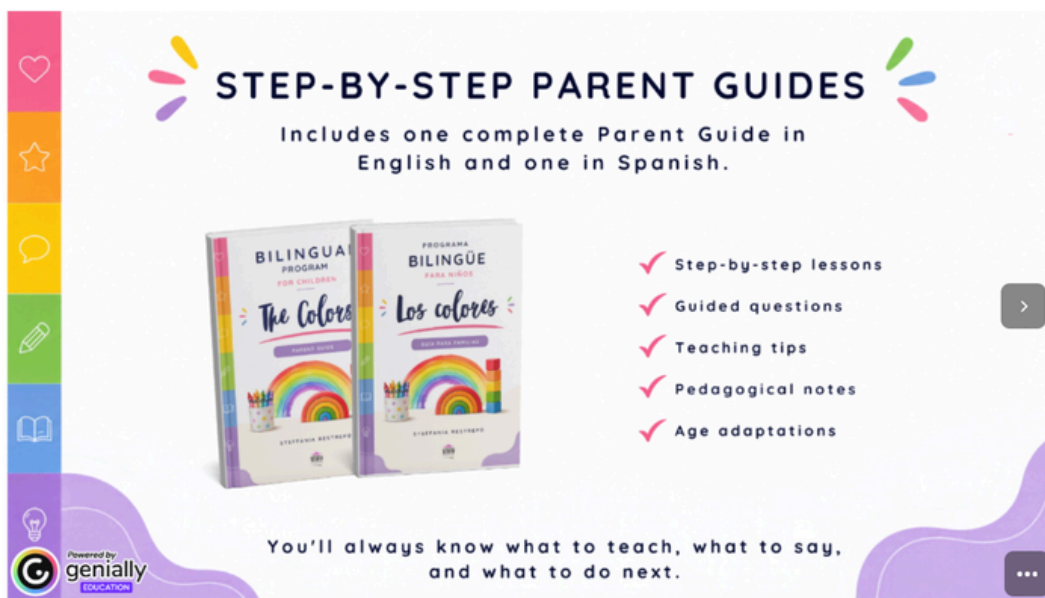
In addition to the language activities, this program includes a step-by-step guide to help you introduce basic grammar concepts to children learning Spanish as a foreign language or as a second language.

Through visual examples, hands-on activities, and simple explanations, children will discover important language patterns, such as noun gender and colors that do or do not change depending on the noun they describe.

The goal is not to memorize grammar rules, but to understand how the language works and develop confidence in using it.

Everything Included in the Complete Program

Explore the interactive presentation on my website and discover every resource included in the complete program. Discover how each one supports your child's language learning journey—from first words to confident communication.



STEP-BY-STEP PARENT GUIDES

Includes one complete Parent Guide in English and one in Spanish.

The Colors (English) and **Los colores** (Spanish)

- ✓ Step-by-step lessons
- ✓ Guided questions
- ✓ Teaching tips
- ✓ Pedagogical notes
- ✓ Age adaptations

You'll always know what to teach, what to say, and what to do next.

Powered by **genially** EDUCATION

[Explore the Program](#)



Meet the Creator



Hi! I'm **Steffania Restrepo**, a Spanish and English teacher with more than **10 years of teaching experience** and a **Master's degree in Teaching Spanish as a Foreign Language from the University of Barcelona**.

I created this program to help families teach Spanish and English at home with confidence by providing simple, meaningful, and enjoyable learning experiences.

I hope these free resources inspire many special moments of learning, play, and connection with your child.

Happy teaching!

Steffania Restrepo

M.A. in Teaching Spanish as a Foreign Language

University of Barcelona

Spanish & English Teacher

Thank You for Respecting My Work

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Thank you for respecting the time, care, and dedication that went into creating these educational resources. Your support allows me to continue creating meaningful learning experiences for families around the world.